



Progressive Education Society's
Modern College of Arts, Science and Commerce
(Autonomous)
Ganeshkhind, Pune 411016
www.moderncollegegk.org

Choice Based Credit System

SYLLABUS FOR FYBA PSYCHOLOGY

SEM I Foundation of Psychology

Objectives and learning outcomes:

After the completion of this course students will be able to demonstrate the following competencies:

- a) Understand the basic psychological processes and their applications in day to day life.
- b) Develop the ability to evaluate cognitive processes, learning and memory of an individual.
- c) Understand the importance of motivation and emotion of the individual.
- d) Understand the personality and intelligence of the individuals by developing their psychological processes and abstract potentials.

Unit 1: Psychology -Introduction:

(12 lectures)

- 1.1 Psychology : As a Science and its Goals.
- 1.2 A Brief History & Perspectives of Psychology: Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism, Indian Psychology.
- 1.3 Career Avenues in Psychology & Fields of Psychology: Clinical, Industrial & Organizational, Educational, Social, Developmental, Health, Criminal & Forensic, Military, Sports, Neuropsychology, Environmental, Positive, Spiritual and Women & Child psychology.
- 1.4 Understanding Behaviour through Methods in Psychology

Unit 2: Cognitive processes:

(12 lectures)

- 2.1 Sensation, Attention and Perception, Laws of Perceptual Organization
- 2.2 Learning- Classical and Operant Conditioning, Observational Learning
- 2.3 Memory-Processes, Information Processing Model(S) and Memory Improvement Techniques
- 2.4 Forgetting: Theories of Forgetting

Unit 3: Motivation and Emotion:

(12 lectures)

- 3.1 Motivation: Definition, Concept of Homeostasis & Maslow's Hierarchy of Motives
- 3.2 Types of Motivation: Physiological, Psychological & Social
- 3.3 Motivational Conflicts: Intra-Conflicts & Inter-Conflicts, Conflict Resolution
- 3.4 Emotion: Definitions, Nature & Importance, Basic Emotions (Joy, Excitement, Tenderness, Sadness, Anger, Fear & Love)

Unit 4: Personality and Intelligence:

(12 lectures)

4.1 Personality – Definitions, Type and Trait Theories

4.2 Freud's Psychoanalytical Theory of Personality

4.3 Intelligence: Definitions, Theories of Intelligence (Gardner's Theory, Cattell's Theory of Intelligence)

4.4 Testing and Enhancing Emotional intelligence.

References:

1. Ciccarelli, S. K.; White J. N. Adapted by Girishwar Misra (2018). Psychology (5th Edition). Pearson.
2. Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
3. Carole, W. and Carol, T. (2007). Psychology (7th Edition). Pearson Education, India.
4. Feldman S. R.(2009). Essentials of understanding psychology (7th Ed.) New Delhi : Tata Mc Graw Hill.

SEM II Introduction to Social Psychology

Course objectives and learning outcomes:

After the completion of this course students will be able to demonstrate the following competencies:

- a) Understand the basics of social psychology.
- b) Understand the nature of self, concept of attitude and prejudice of the individual.
- c) Assess the interactional processes, love and aggression in our day today life. .
- c) Understand group dynamics and individual in the social world.

Unit 1: Introduction:

(Total 12 Lectures)

- 1.1 Definition, Brief History of Social Psychology
- 1.2 Theoretical Approaches to Social Psychology
- 1.3 Interdisciplinary Application Domains of Social Psychology
- 1.4 Levels of Social Behaviour

Unit- 2.Individual Level Processes

(Total 12 Lectures)

- 2.1 Difference between Social Cognition & Social Perception.
- 2.2 Concepts Related to Self, Gender Role Development, Self-Regulation and Self-Presentation.
- 2.3 Attitude: Definition, Components, Dimensions and Formation of Attitude
- 2.4 Prejudice and Social Exclusion: Causes and Reduction

Unit 3: Interpersonal Processes:

(Total 12 Lectures)

- 3.1 Interpersonal Attraction and Love
- 3.2 Pro-social Behavior
- 3.3 Aggression and Violence: Meaning, Nature and Causes
- 3.4 Prevention and Reduction of Aggression and Violence

Unit- 4.Group Dynamics

(Total 12 Lectures)

- 4.1 Groups: The benefits of joining
- 4.2 Group Decision Making
- 4.3 Cooperation, Conflict and Team Building
- 4.4 Group Processes: Obedience, Conformity and Compliance

Books for Reference

1. Baron, R. A., Branscombe, N. R., & Byrne, D. Bhardwaj, Gopa. (2008). *Social Psychology*. (12th ed.). New Delhi: Pearson Education, Indian subcontinent adaptation 2009
2. Aronson, E., Wilson, T. D., & Akert, R. M. (2007). *Social Psychology*. (6th edi.), New Jersey: Pearson Education prentice Hall
3. Baumeister, R. F., & Bushman, B. J. (2008). *Social Psychology and Human Nature*. International student edition, Thomson Wadsworth USA
4. Myers, D. G. (2006). *Social Psychology*. (8th edi.), Tata McCraw- Hill Publication.